

APURVA RAJASHEKAR

Ms. Apurva.R, having a Master's degree in Philosophy and psychology, is a practitioner in the field of Quantum Healing. She has to her credit presentation of research papers and lectures at reputed institutions like Christ University, Bangalore Medical College and Victoria Hospital, Bangalore.

Is a psychologist at M/s Human Potential, practicing Quantum Healing Hypnosis Therapy (QHHT) and Cognitive Behavior Therapy (CBT). Is a Certified, Quantum Healing Hypnosis Therapy practitioner (2012). She was recently (September 2012) trained in London by Dolores Cannon on 'Quantum Healing Hypnosis therapy'. She shares her learning by conducting community service programme (free) and workshops for creating a harmonious living.

Apurva has successfully completed her Master's degree in Philosophy and Psychology. She has carried out research in the field of 'Subjective Experiences of individuals during hypnosis'. She has worked with 'iact' (International Academy for Creative Teaching, JGI) as a psychologist for a considerable period of 3 years. She was involved in various projects including Implementation of 'Life Skills Programme' at Public and International Schools, Training teachers and children on 'Life Skills' at schools and colleges, Developing 'Life Skills' curriculum for Children. Her interaction with clients during counselling and training programmes has been found to be very courteous and friendly.

About my Profession:

I chose to be a student of psychology driven by the curiosity of knowing myself and understanding my own behaviour. When exposed to the intricacies of the human mind (at postgraduate level), I was fascinated and chose to dwell deeper. I thank myself for making this choice as I am enjoying the journey and growing each day.

The loving presence felt in the room during hypnosis sessions (i.e, when conversing with the subconscious mind) has played a crucial role this journey. When you know that your work has made a difference in someone's life and an individual is transformed; her/his family members feel the change for better, I experience contentment and job satisfaction in knowing that it's a job well done.